



STRAWBERRY WATERMELON SMOOTHIE



SERVES: PREP TIME: COOK TIME:
 2-4 | 5M | 0M

DAIRY FREE GLUTEN FREE VEGAN VEGETARIAN

INGREDIENTS:

- ½ Cup Crofter's Organic Premium Strawberry Fruit Spread
- 3 Cups Frozen Watermelon Chunks
- 1 Cup Frozen Strawberries
- 1 Cup Frozen Banana
- ½ Cup Almond Milk or Water
- Fresh Mint Sprig (Garnish)

DIRECTIONS:

1. In a large blender, combine all the ingredients (except the mint garnish). Blend on medium – high speed until completely smooth. About 2-3 Minutes. This smoothie recipe isn't very thick, so if you would like to make it thicker simply add in another cup of frozen banana.
2. Place the smoothie in the fridge to keep cool until ready to serve. When ready to serve, pour into a glass and top with a fresh sprig of mint. Enjoy!