



PEACH CARROT MUFFINS

SERVES: PREP TIME: COOK TIME:

12 | 10M | 25M

VEGETARIAN

INGREDIENTS:

Wet Ingredients:

1/4 Cup Crofter's Organic Premium Peach Fruit Spread

1 ½ Cups Grated Carrots

2 Large Eggs

1/3 Cup Olive Oil

1 Tsp Vanilla Extract

1 1/4 Cup Brown Sugar

1 Cup Buttermilk

Dry Ingredients:

2 1/4 Cups All Purpose Flour

1 ½ Tsp Baking Powder

1 Tsp Baking Soda

1 ½ Tsp Salt

2 Tsp Cinnamon

½ Tsp Allspice

1/2 Tsp Nutmeg

DIRECTIONS:

- 1. Preheat the oven to 375°F and line a 12-count muffin pan with liners. Wash your carrots and grate 1 ½ cups of carrot. Set aside.
- 2. In a medium sized mixing bowl combine the dry ingredients and whisk together. In a large mixing bowl, combine the wet ingredients and whisk together until smooth.
- 3. Add the dry ingredients into the wet ingredients and fold together using a spatula until almost all the flour and grated carrots have been mixed in.
- 4. Scoop the batter into the prepared muffin pan, filling each liner around three-fourths of the way full. Place in the oven and bake for 20-25 minutes or until a toothpick can be cleanly inserted and removed from one of the muffins.
- **5.** When muffins are ready, remove from the oven and allow to cool slightly on the counter before serving. Enjoy!