



BLACKBERRY & GRANOLA OVERNIGHT OATS

SERVES: PREP TIME: COOK TIME:

2 4-6H OM

DAIRY FREE VEGAN VEGETARIAN

INGREDIENTS:

1/4 Cup Crofter's Organic Premium Seedless Blackberry Fruit Spread

1 Cup Rolled Oats

2 Tbsp Chia Seeds

1 Tsp Ground Cinnamon

1 Cup Almond Milk

1/2 Cup Oat Yogurt

Granola (Garnish)

Fresh Blackberries (Garnish)

DIRECTIONS:

- 1. In a medium sized mixing bowl, combine the oats, chia seeds, cinnamon, almond milk, and oat yogurt. Stir together, cover, and place in the fridge overnight.
- 2. When ready to eat, layer into a small jar with our Premium Seedless Blackberry Fruit Spread and top with crunchy granola and fresh blackberries. Enjoy!