



STRAWBERRY & NUT BUTTER OAT SMOOTHIE



SERVES: 2 | PREP TIME: 5M | COOK TIME: 0M

DAIRY FREE VEGAN VEGETARIAN

INGREDIENTS:

½ Cup Crofter's Organic Premium Strawberry Fruit Spread

1 Cup Oat Milk

½ Cup Fresh Strawberries

¼ Cup Old Fashioned Rolled Oats

½ Cup Nut Butter

½ of a Large Banana

DIRECTIONS:

1. First, prepare the strawberries by removing the stems and any leafy bits. Chop them into smaller bite sized pieces. Next, slice the banana into small rounds. This will make blending easier.
2. In the blender add the coconut milk, old fashioned rolled oats, fresh strawberries, banana, Crofter's Organic Premium Strawberry Fruit Spread, and nut butter (any nut butter will work – we used a smooth peanut butter). Blend until a smooth consistency.
3. Once desired consistency is achieved, remove from the blender and serve. If the smoothie is a bit too thick for your liking, simply add in another tbsp or two of oat milk to thin it out. Enjoy!