



APRICOT LEMON & HONEY SWEET TEA

SERVES: PREP TIME: COOK TIME:

10 5M 45M

DAIRY FREE GLUTEN FREE VEGETARIAN

INGREDIENTS:

1 Jar Crofter's Organic Premium Apricot Fruit Spread

10 Cups Cold Water Divided

4 Lemons Sliced into Rounds

4 Fresh Sliced Apricot

1/4 Cup Raw Golden Honey

6-8 Green Tea Bags

Fresh Sprigs of Mint

Crushed Ice/Ice Cubes

DIRECTIONS:

- 1. To start, bring 8 cups water to a boil and place the green tea bags along the sides of the pot. Allow the water to steep gently over low heat for 20-25 minutes. The longer you can let the water steep, the stronger the tea flavor will be.
- 2. Next add in the fresh sliced lemon, fresh sliced apricots & a few sprigs of mint and continue to simmer over low heat for 10-15 minutes.
- 3. In a separate saucepan, combine 2 cups water with Crofter's Organic Premium Apricot Fruit Spread and honey. Bring to a light simmer over low heat and mix well to combine. Next add the apricot mixture in with the tea and continue to simmer for another 5-10 minutes. Remove from heat, let the pot cool down slightly and then place it in your refrigerator for 3-4 hours or overnight. Until completely cooled.
- **4.** Fill a glass with crushed ice, a wedge of lemon and apricot, serve and enjoy!